

Event	Age Grp	Perf	Athlete	Club	Year	Event	Age Grp	Perf	Athlete	Club	Year	
MEN						WOMEN						
100m	U20	11.1	Ciaran Mackey	Tallaght	2009	100m	U20	12.4	Ciara Cunningham	Dundalk St Gerard's	2022	
		11.2	Paul Adeniyi	Dunleer	2009							
		11.2	Paul Adeniyi	Dunleer	2010							
		11.2	Shadam Azeez	Dundealghan	2015							
	Senior	10.8	Anthony Dillon	Dunleer	2022		Senior	13.1	Geraldine Finegan	Dunleer		2007
	M35	12.28	Eamonn McAuley	St Peter's	2023		W35	13.6	Mary Scanlon	Blackrock		2015
	M40	11.8	Jonathan McCabe	Boyne	2015		W40	13.88	Mary Scanlon	Blackrock		2017
	M45	12.1	Mickey Linden	Dunleer	2009		W45	14.03	Mary Scanlon	Blackrock		2023
	M50	12.96	Padraig McCabe	Drogheda & District	2017		W50	14.87	Niamh McGuire	Rathkenny		2023
								14.7	Geraldine Finegan	North East Runners		2018
	M55	13.38	Enda Gavigan	Lambay Sports & Athletics	2023		W55	14.68	Maira Groome	Trim		2023
		13.63	Frank Cruise	Drogheda & District	2017			14.9	Mary McDonnell	Drogheda & District		2015
	M60	12.75	Shane Sheridan	Dundrum South Dublin	2019		W60	14.40	Edel Maguire	Clonliffe Harriers		2023
		14.01	Tony Corcoran	Drogheda & District	2023			18.72	Eileen Jordan	North East Runners		2017
	M65	14.49	Shane Toolan	Tír Chonaill	2023		W65	23.8	Margo Duffy	Drogheda & District		2018
		19.9	Christy Duffy	Drogheda & District	2018							
	M70	16.49	Tom Clinton	Navan	2023							
200m	U20	22.7	Paul Adeniyi	Dunleer	2009	200m	U20	26.61	Emma Cheshire	Dunleer	2016	
	Senior	23.20	Andrew Kelly	Drogheda & District	2019		Senior	26.7	Amy McTeggart	Boyne		2021
	M35	25.0	Eamonn McAuley	St Peter's	2022		W35	29.03	Mary Scanlon	Blackrock		2016
	M40	25.0	Malachy Campbell	Dunleer	2010		W40	28.8	Mary Scanlon	Blackrock		2018
	M45	25.3	Mickey Linden	Dunleer	2009		W45	28.87	Mary Scanlon	Blackrock		2023
	M50	26.1	Malachy Campbell	Dunleer	2018		W50	30.01	Niamh McGuire	Rathkenny		2023
								30.36	Geraldine Finegan	Dunleer		2019
	M55	27.32	Enda Gavigan	Lambay Sports & Athletics	2023		W55	30.02	Maira Groome	Trim		2023
		28.0	Frank Cruise	Drogheda & District	2018			31.74	Mary McDonnell	Drogheda & District		2016
	M60	27.93	Shane Sheridan	Dundrum South Dublin	2023		W60	29.31	Edel Maguire	Clonliffe Harriers		2023
		28.68	Tony Corcoran	Drogheda & District	2023			40.43	Eileen Jordan	North East Runners		2017
	M65	30.80	Shane Toolan	Tír Chonaill	2023		W65	49.0	Margo Duffy	Drogheda & District		2018
		37.1	Christy Duffy	Drogheda & District	2018							
	M70	35.36	Tom Clinton	Navan	2023							
		36.98	Conor Cooney	Drogheda & District	2023							
	M75	34.02	Ernie Caffrey	Ballina	2013							

400m	U20	53.81	Jamie Shields	Boyne	2013
	Senior	51.26	Godwin Mathias	Tallaght	2023
		51.40	Andrew Kelly	Drogheda & District	2023
	M35	55.13	Kieran McGrath	Drogheda & District	2017
	M40	55.8	Tim Shiels	Omagh Harriers	2018
		56.65	Gerry O'Connor	Drogheda & District	2008
	M45	58.4	Gerry O'Connor	Drogheda & District	2010
	M50	1:00.4	Karl Carton	Drogheda & District	2021
	M55	1:00.8	Gerry O'Connor	Drogheda & District	2021
	M60	1:04.7	Peter Fitzpatrick	North East Runners	2022
M65	1:06.72	Matt Slattery	Clonliffe Harriers	2017	
	1:29.0	Christy Duffy	Drogheda & District	2018	
	1:33.33	Gerry Carroll	Drogheda & District	2017	

800m	U20	1:58.3	Neil Culhane	Ace	2021
	Senior	1:56.5	Gary Crummy	Newry	2022
		1:57.90	Rory McLoughlin	St Peter's	2023
	M35	2:05.76	Paddy Kelly	Drogheda & District	2019
	M40	2:02.04	Mark O'Shea	Skerries	2013
	M45	2:07.7	Garry Mulligan	North East Runners	2022
		2:09.09	Shane Healy	Metro St Brigid's	2017
	M50	2:15.0	Danny Skeffington	Drogheda & District	2009
		2:20.05	Brian Lynch	North East Runners	2008
	M55	2:20.0	Brian Lynch	North East Runners	2009
	M60	2:28.9	Gerard Parkes	Newry	2022
		2:36.4	Peter Fitzpatrick	North East Runners	2022
	M65	2:38.73	Barry Morris	City of Lisburn	2016
		3:05.37	Conor Cooney	Drogheda & District	2019
	M70	2:52.0	Jim McEvoy	Lourdes	2007
M75	2:58.38	Jim McEvoy	Drogheda & District	2013	

400m	U20	1:02.01	Amy McTeggart	Boyne	2013
	Senior	1:01.51	Orla O'Connor	Drogheda & District	2017
		1:06.48	Marie Murphy	Raheny Shamrock	2014
	W35	1:06.8	Róisín Coade	Drogheda & District	2018
	W40	1:08.90	Yasmin Canning	Drogheda & District	2014
	W45	1:10.36	Joanne McCauley	Newry	2019
		1:12.16	Laura Duffy	North East Runners	2017
	W50	1:08.24	Geraldine Finegan	North East Runners	2016
		1:08.1	Geraldine Finegan	North East Runners	2018
	W55	1:15.79	Maira Groome	Trim	2023
W60	1:22.7	Mary Kinsella	Drogheda & District	2021	
W65	1:27.13	Nuala Reilly	Drogheda & District	2017	
W65	2:04.62	Collette O'Hagan	North East Runners	2016	

800m	U20	2:25.5	Laura McConville	Dundalk St Gerard's	2021
	Senior	2:21.5	Orla O'Connor	Drogheda & District	2018
		2:32.30	Nicola Welsh	Dunleer	2017
	W40	2:23.7	Nicola Welsh	Dunleer	2018
	W45	2:51.0	Mary Watters	Navan	2009
		3:03.11	Jackie Matthews	Dunleer	2017
	W50	2:54.50	Joy McAleer	City of Lisburn	2016
		3:03.06	Anita Bolton	North East Runners	2016
	W55	3:08.86	Nuala Reilly	Drogheda & District	2014

1500m	U20	4:11.6	Conor Matthews	Dunleer	2018
	Senior	3:59.96	Darragh Greene	Dunleer	2013
	M35	4:24.85	Paul Smith	Drogheda & District	2010
	M40	4:23.2	Niall Donnelly	Drogheda & District	2015
	M45	4:24.59	Robert Maher	Drogheda & District	2010
	M50	4:44.05	Brian Lynch	North East Runners	2008
	M55	4:29.49	Brian Lynch	North East Runners	2013
	M60	4:41.67	Brian Lynch	North East Runners	2016
	M65	4:59.16	Brian Lynch	North East Runners	2019
	M70	5:51.48	Mick Priest	Fr Murphy	2023
		6:21.15	Conor Cooney	Drogheda & District	2023
3000m	U20	9:07.9	Simon Ryan	Drogheda & District	2007
	Senior	8:39.83	Carl Dunne	Dunleer	2013
	M35	9:05.55	Brian McCluskey	North East Runners	2014
	M40	8:55.4	Brian McCluskey	North East Runners	2015
	M45	9:22.22	Maurice McMahan	North East Runners	2019
	M50	9:33.4	Declan Toal	North East Runners	2022
	M55	10:31.42	Patrick O'Grady	Drogheda & District	2019
	M60	10:29.70	Patrick O'Grady	Drogheda & District	2023
	M65	12:33.73	Conor Cooney	Drogheda & District	2019
	M70	14:41.46	Frank Brady	Drogheda & District	2023

1500m	U20	4:54.1	Méabh Eakin	Dunleer	2022
	Senior	4:43.77	Áine Cotter	North East Runners	2023
	W35	4:49.54	Denise Toner	Clones	2016
		5:03.56	Nicola Welsh	Dunleer	2017
	W40	4:57.54	Mary Leech	Drogheda & District	2017
	W45	5:28.0	Mary O'Brien	Dunleer	2007
	W50	5:48.3	Angela Kearney	Ace	2022
	W55	5:54.03	Nuala Reilly	Drogheda & District	2012
	W60	6:03.51	Nuala Reilly	Drogheda & District	2017
	W65	7:47.47	Nuala Reilly	Drogheda & District	2023
	3000m	U20	10:27.2	Aoife Fay	Dunleer
Senior		10:22.5	Áine Linden	Carrick Aces	2015
		11:00.5	Sinéad McDonald	Glenmore	2022
W35		10:35.21	Laura Mathews	North East Runners	2019
W40		10:24.35	Mary Leech	Drogheda & District	2019
W45		10:49.4	Mary Leech	Drogheda & District	2022
W50		12:32.0	Nuala Reilly	Drogheda & District	2009
W55		12:24.0	Nuala Reilly	Drogheda & District	2015
W60		13:07.85	Nuala Reilly	Drogheda & District	2016

Long Jump	U20	6.28	David Tobin	Trim	2009
		6.27	Conor Durnin	St Peter's	2014
	Senior	6.25	<i>Dónal Kearns</i>	<i>Cushinstown</i>	2019
		6.22	Oliver Gormley	Dundealgan	2023
	M35	5.37	Jonathan McCabe	Boyne	2014
	M40	5.43	<i>Trevor McGlynn</i>	<i>Omagh Harriers</i>	2019
		5.27	Jonathan McCabe	Boyne	2015
	M45	5.21	Mickey Linden	Dunleer	2009
M50	4.43	Brendan Rogers	St Peter's	2010	
M55	4.38	Brendan Rogers	St Peter's	2015	

Long Jump	U20	5.17	Emma Cheshire	Dunleer	2016
	Senior	5.28	Amy McTeggart	Boyne	2021
	W35	5.02	Erika Juozapaitė	Blackrock	2019
	W40	5.31	Erika Juozapaitė	Blackrock	2023
	W45	4.49	<i>Niamh McGuire</i>	<i>Rathkenny</i>	2016
		4.12	Geraldine Finegan	North East Runners	2015
	W50	4.42	Geraldine Finegan	North East Runners	2019
	W55	4.32	Siobhéal Murray	Ratoath	2023
		3.20	Pauline Breslin	Ardee & District	2018
	W60	3.65	Finola Moore	Celbridge	2023
	2.86	Eileen Jordan	North East Runners	2017	

Shot	U20	11.66	Tadg Reilly	Dunleer	2023
	Senior	12.18	Kaspars Raikstiņš	Boyne	2013
	M35	9.98	Santis Kaugars	Dunleer	2017
	M40	9.92	Michael Gavin	Drogheda & District	2016
	M45	9.25	Thomas McGrane	St Peter's	2011
	M50	10.41	John Kierans	Dunleer	2018
	M55	9.71	Thomas McGrane	St Peter's	2018
	M60	9.39	Thomas McGrane	St Peter's	2023
	M65	7.88	<i>Tom Clinton</i>	<i>Navan</i>	2014
		5.39	Gerard McArdle	Dundealgan	2022
M75	7.06	<i>Ernie Caffrey</i>	<i>Ballina</i>	2013	

Shot	U20	12.86	Aoibhín McMahon	Blackrock	2019
	Senior	11.66	Aoibhín McMahon	Blackrock	2023
	W35	9.05	Emma Conway	Redeemer	2022
	W40	8.79	Mary Scanlon	Blackrock	2019
	W45	9.20	Geraldine Finegan	North East Runners	2015
	W50	11.51	Geraldine Finegan	North East Runners	2019
	W55	8.16	Siobhéal Murray	Ratoath	2023
		6.98	Maria Duffy	St Peter's	2023
W60	5.45	Jean Fitzpatrick	Drogheda & District	2019	

Javelin	U20	47.73	Euan Canniffe	Boyne	2021
	Senior	62.70	Rory Gunning	Clonliffe Harriers	2019
		50.79	Rory Kirwan	Dunleer	2011
	M35	41.04	Santis Kaugars	Dunleer	2017
	M40	34.19	Anthony Woods	Dundalk St Gerard's	2015
	M45	34.79	Anthony Woods	Dundalk St Gerard's	2018
	M50	40.85	John Kierans	Dunleer	2018
	M55	18.06	Christian Maas	Dundalk St Gerard's	2022
	M60	33.77	Earl Taylor	Dunleer	2007
	M75	14.41	<i>Ernie Caffrey</i>	<i>Ballina</i>	2013

Javelin	U20	37.38	Aoibhín McMahon	Blackrock	2019
	Senior	40.31	Olivia McDonald	St Peter's	2015
	W35	20.48	Miranda Maguire	Dundealgan	2019
	W40	20.54	Angela Kane	Drogheda & District	2011
	W45	29.65	Geraldine Finegan	North East Runners	2015
	W50	32.31	Geraldine Finegan	North East Runners	2016
	W55	17.80	Maria Duffy	St Peter's	2023