

| Event | Age Grp | Perf | Athlete | Club | Year | Event | Age Grp | Perf | Athlete | Club | Year | | |
|-------------|-------------|-------------|-----------------------|----------------------|--------------------------------|--------------|---------|---------------|-------------------------|----------------------------|----------------------|----------------------|----------------|
| MEN | | | | | | WOMEN | | | | | | | |
| 100m | U20 | 11.1 | Ciaran Mackey | Tallaght | 2009 | 100m | U20 | 12.4 | Ciara Cunningham | Dundalk St Gerard's | 2022 | | |
| | | 11.2 | Paul Adeniyi | Dunleer | 2009 | | | | | | | | |
| | | 11.2 | Paul Adeniyi | Dunleer | 2010 | | | | | | | | |
| | | 11.2 | Shadam Azeez | Dundealgan | 2015 | | | | | | | | |
| | | 10.8 | Anthony Dillon | Dunleer | 2022 | | | | | | | | |
| | Senior | 12.35 | Jonathan McCabe | Boyne | 2013 | | | Senior | 13.1 | Geraldine Finegan | Dunleer | 2007 | |
| | M35 | 11.8 | Jonathan McCabe | Boyne | 2015 | | | W35 | 13.6 | Mary Scanlon | Blackrock | 2015 | |
| | M40 | 12.1 | Mickey Linden | Dunleer | 2009 | | | W40 | 13.88 | Mary Scanlon | Blackrock | 2017 | |
| | M45 | 12.96 | Padraig McCabe | Drogheda & District | 2017 | | | W45 | 14.24 | Róisín Bell | Dunboyne | 2017 | |
| | M50 | 13.63 | Frank Cruise | Drogheda & District | 2017 | | | | 14.1 | Geraldine Finegan | North East Runners | 2015 | |
| | M55 | 12.75 | Shane Sheridan | Dundrum South Dublin | 2019 | | | W50 | 14.7 | Geraldine Finegan | North East Runners | 2018 | |
| | M60 | 14.13 | Earl Taylor | Dunleer | 2008 | | | W55 | 14.9 | Mary McDonnell | Drogheda & District | 2015 | |
| | M65 | 19.9 | Christy Duffy | Drogheda & District | 2018 | | | W60 | 18.72 | Eileen Jordan | North East Runners | 2017 | |
| | | | | | | | | W65 | 23.8 | Margo Duffy | Drogheda & District | 2018 | |
| | 200m | U20 | 22.7 | Paul Adeniyi | Dunleer | | | 2009 | 200m | U20 | 26.61 | Emma Cheshire | Dunleer |
| 23.20 | | | Andrew Kelly | Drogheda & District | 2019 | Senior | 26.7 | Amy McTeggart | | | Boyne | 2021 | |
| 25.0 | | | Éamonn McAuley | St Peter's | 2022 | W35 | 29.03 | Mary Scanlon | | | Blackrock | 2016 | |
| 25.0 | | | Malachy Campbell | Dunleer | 2010 | W40 | 28.8 | Mary Scanlon | | | Blackrock | 2018 | |
| 25.3 | | | Mickey Linden | Dunleer | 2009 | W45 | 29.41 | Róisín Bell | | | Dunboyne | 2017 | |
| M50 | | | 26.1 | Malachy Campbell | Dunleer | 2018 | | 30.4 | | | Mary Scanlon | Blackrock | 2022 |
| M55 | | | 28.0 | Frank Cruise | Drogheda & District | 2018 | W50 | 30.1 | | | Niamh Maguire | Rathkenny | 2022 |
| M60 | | | 28.0 | Tom Clinton | Navan | 2009 | | 30.36 | | | Geraldine Finegan | Dunleer | 2019 |
| | | | 29.0 | Frank Cruise | Drogheda & District | 2022 | W55 | 31.13 | | | Tina Gallagher | OMG | 2019 |
| M65 | | | 31.06 | Tom Clinton | Navan | 2017 | | 31.74 | | | Mary McDonnell | Drogheda & District | 2016 |
| | | | 37.1 | Christy Duffy | Drogheda & District | 2018 | W60 | 40.43 | | | Eileen Jordan | North East Runners | 2017 |
| M70 | | | 37.51 | Gerry Carroll | Drogheda & District | 2017 | W65 | 49.0 | | | Margo Duffy | Drogheda & District | 2018 |
| M75 | | | 34.02 | Ernie Caffrey | Ballina | 2013 | | | | | | | |

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| 400m | U20 | 53.81 | Jamie Shields | Boyne | 2013 |
| | Senior | 51.58 | Fintan Reilly | Dunleer | 2013 |
| | M35 | 55.13 | Kieran McGrath | Drogheda & District | 2017 |
| | M40 | 55.8 | Tim Shiels | Omagh Harriers | 2018 |
| | | 56.65 | Gerry O'Connor | Drogheda & District | 2008 |
| | M45 | 58.4 | Gerry O'Connor | Drogheda & District | 2010 |
| | M50 | 1:00.4 | Karl Carton | Drogheda & District | 2021 |
| | M55 | 1:00.8 | Gerry O'Connor | Drogheda & District | 2021 |
| | M60 | 1:04.7 | Peter Fitzpatrick | North East Runners | 2022 |
| | M65 | 1:06.72 | Matt Slattery | Clonliffe Harriers | 2017 |
| | | 1:29.0 | Christy Duffy | Drogheda & District | 2018 |
| | M70 | 1:33.33 | Gerry Carroll | Drogheda & District | 2017 |

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| 800m | U20 | 1:58.3 | Neil Culhane | Ace | 2021 |
| | Senior | 1:56.5 | Gary Crummy | Newry | 2022 |
| | | 1:59.18 | Fintan Reilly | Dunleer | 2013 |
| | M35 | 2:05.76 | Paddy Kelly | Drogheda & District | 2019 |
| | M40 | 2:02.04 | Mark O'Shea | Skerries | 2013 |
| | | 2:07.7 | Garry Mulligan | North East Runners | 2022 |
| | M45 | 2:09.09 | Shane Healy | Metro St Brigid's | 2017 |
| | | 2:15.0 | Danny Skeffington | Drogheda & District | 2009 |
| | M50 | 2:20.05 | Brian Lynch | North East Runners | 2008 |
| | M55 | 2:20.0 | Brian Lynch | North East Runners | 2009 |
| | M60 | 2:28.9 | Gerard Parkes | Newry | 2022 |
| | | 2:36.4 | Peter Fitzpatrick | North East Runners | 2022 |
| | M65 | 2:38.73 | Barry Morris | City of Lisburn | 2016 |
| | 3:05.37 | Conor Cooney | Drogheda & District | 2019 | |
| M70 | 2:52.0 | Jim McEvoy | Lourdes | 2007 | |
| M75 | 2:58.38 | Jim McEvoy | Drogheda & District | 2013 | |

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| 400m | U20 | 1:02.01 | Amy McTeggart | Boyne | 2013 |
| | Senior | 1:01.51 | Orla O'Connor | Drogheda & District | 2017 |
| | W35 | 1:06.48 | Marie Murphy | Raheny Shamrock | 2014 |
| | | 1:06.8 | Róisín Coade | Drogheda & District | 2018 |
| | W40 | 1:08.90 | Yasmin Canning | Drogheda & District | 2014 |
| | W45 | 1:10.36 | Joanne McCauley | Newry | 2019 |
| | | 1:12.16 | Laura Duffy | North East Runners | 2017 |
| | W50 | 1:08.24 | Geraldine Finegan | North East Runners | 2016 |
| | | 1:08.1 | Geraldine Finegan | North East Runners | 2018 |
| | W55 | 1:22.7 | Mary Kinsella | Drogheda & District | 2021 |
| | W60 | 1:27.13 | Nuala Reilly | Drogheda & District | 2017 |
| | W65 | 2:04.62 | Collette O'Hagan | North East Runners | 2016 |

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| 800m | U20 | 2:25.5 | Laura McConville | Dundalk St Gerard's | 2021 |
| | Senior | 2:21.5 | Orla O'Connor | Drogheda & District | 2018 |
| | W35 | 2:32.30 | Nicola Welsh | Dunleer | 2017 |
| | W40 | 2:23.7 | Nicola Welsh | Dunleer | 2018 |
| | W45 | 2:51.0 | Mary Watters | Navan | 2009 |
| | | 3:03.11 | Jackie Matthews | Dunleer | 2017 |
| | W50 | 2:54.50 | Joy McAleer | City of Lisburn | 2016 |
| | | 3:03.06 | Anita Bolton | North East Runners | 2016 |
| | W55 | 3:08.86 | Nuala Reilly | Drogheda & District | 2014 |

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| 1500m | U20 | 4:11.6 | Conor Matthews | Dunleer | 2018 |
| | Senior | 3:59.96 | Darragh Greene | Dunleer | 2013 |
| | M35 | 4:24.85 | Paul Smith | Drogheda & District | 2010 |
| | M40 | 4:23.2 | Niall Donnelly | Drogheda & District | 2015 |
| | M45 | 4:24.59 | Robert Maher | Drogheda & District | 2010 |
| | M50 | 4:44.05 | Brian Lynch | North East Runners | 2008 |
| | M55 | 4:29.49 | Brian Lynch | North East Runners | 2013 |
| | M60 | 4:41.67 | Brian Lynch | North East Runners | 2016 |
| | M65 | 4:59.16 | Brian Lynch | North East Runners | 2019 |
| M70 | 6:29.8 | Frank Brady | Drogheda & District | 2022 | |

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| 3000m | U20 | 9:07.9 | Simon Ryan | Drogheda & District | 2007 |
| | Senior | 8:39.83 | Carl Dunne | Dunleer | 2013 |
| | M35 | 9:05.55 | Brian McCluskey | North East Runners | 2014 |
| | M40 | 8:55.4 | Brian McCluskey | North East Runners | 2015 |
| | M45 | 9:22.22 | Maurice McMahon | North East Runners | 2019 |
| | M50 | 9:33.4 | Declan Toal | North East Runners | 2022 |
| | M55 | 10:31.42 | Patrick O'Grady | Drogheda & District | 2019 |
| | M60 | 10:49.7 | Michael Jordan | North East Runners | 2015 |
| | M65 | 12:33.73 | Conor Cooney | Drogheda & District | 2019 |
| M70 | 14:52.5 | Richard Duffy | North East Runners | 2018 | |

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| Long Jump | U20 | 6.28 | David Tobin | Trim | 2009 |
| | | 6.27 | Conor Durnin | St Peter's | 2014 |
| | Senior | 6.25 | <i>Dónal Kearns</i> | <i>Cushinstown</i> | 2019 |
| | | 6.04 | Oliver Gormley | Dundealgan | 2021 |
| | M35 | 5.37 | Jonathan McCabe | Boyne | 2014 |
| | M40 | 5.43 | <i>Trevor McGlynn</i> | <i>Omagh Harriers</i> | 2019 |
| | | 5.27 | Jonathan McCabe | Boyne | 2015 |
| | M45 | 5.21 | Mickey Linden | Dunleer | 2009 |
| | M50 | 4.43 | Brendan Rogers | St Peter's | 2010 |
| M55 | 4.38 | Brendan Rogers | St Peter's | 2015 | |

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| 1500m | U20 | 4:54.1 | Méabh Eakin | Dunleer | 2022 |
| | Senior | 4:50.2 | Kelly Breen | North East Runners | 2022 |
| | W35 | 4:49.54 | Denise Toner | Clones | 2016 |
| | | 5:03.56 | Nicola Welsh | Dunleer | 2017 |
| | W40 | 4:57.54 | Mary Leech | Drogheda & District | 2017 |
| | W45 | 5:28.0 | Mary O'Brien | Dunleer | 2007 |
| | W50 | 5:48.3 | Angela Kearney | Ace | 2022 |
| | W55 | 5:54.03 | Nuala Reilly | Drogheda & District | 2012 |
| | W60 | 6:03.51 | Nuala Reilly | Drogheda & District | 2017 |

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| 3000m | U20 | 10:27.2 | Aoife Fay | Dunleer | 2017 |
| | Senior | 10:22.5 | Áine Linden | Carrick Aces | 2015 |
| | | 11:00.5 | Sinéad McDonald | Glenmore | 2022 |
| | W35 | 10:35.21 | Laura Mathews | North East Runners | 2019 |
| | W40 | 10:24.35 | Mary Leech | Drogheda & District | 2019 |
| | W45 | 10:49.4 | Mary Leech | Drogheda & District | 2022 |
| | W50 | 12:32.0 | Nuala Reilly | Drogheda & District | 2009 |
| | W55 | 12:24.0 | Nuala Reilly | Drogheda & District | 2015 |
| | W60 | 13:07.85 | Nuala Reilly | Drogheda & District | 2016 |

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| Long Jump | U20 | 5.17 | Emma Cheshire | Dunleer | 2016 |
| | Senior | 5.28 | Amy McTeggart | Boyne | 2021 |
| | W35 | 5.02 | Erika Juozapaitė | Blackrock | 2019 |
| | W40 | 5.20 | Erika Juozapaitė | Blackrock | 2021 |
| | W45 | 4.49 | <i>Niamh McGuire</i> | <i>Rathkenny</i> | 2016 |
| | | 4.12 | Geraldine Finegan | North East Runners | 2015 |
| | W50 | 4.42 | Geraldine Finegan | North East Runners | 2019 |
| | W55 | 3.20 | Pauline Breslin | Ardee & District | 2018 |
| | W60 | 2.86 | Eileen Jordan | North East Runners | 2017 |

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| Shot | U20 | 11.48 | Daniel Finley | St Peter's | 2014 |
| | Senior | 12.18 | Kaspars Raikstiņš | Boyne | 2013 |
| | M35 | 9.98 | Santis Kaugars | Dunleer | 2017 |
| | M40 | 9.92 | Michael Gavin | Drogheda & District | 2016 |
| | M45 | 9.25 | Thomas McGrane | St Peter's | 2011 |
| | M50 | 10.41 | John Kierans | Dunleer | 2018 |
| | M55 | 9.71 | Thomas McGrane | St Peter's | 2018 |
| | M60 | 9.15 | Earl Taylor | Dunleer | 2010 |
| | M65 | 7.88 | <i>Tom Clinton</i> | <i>Navan</i> | <i>2014</i> |
| | 5.39 | Gerard McArdle | Dundealghan | 2022 | |

M75 7.06 *Ernie Caffrey* *Ballina* 2013

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|----------------|--------|--------------|-----------------------|----------------------------|-------------|
| Javelin | U20 | 47.73 | Euan Canniffe | Boyne | 2021 |
| | Senior | 62.70 | Rory Gunning | Clonliffe Harriers | 2019 |
| | | 50.79 | Rory Kirwan | Dunleer | 2011 |
| | M35 | 41.04 | Santis Kaugars | Dunleer | 2017 |
| | M40 | 34.19 | Anthony Woods | Dundalk St Gerard's | 2015 |
| | M45 | 34.79 | Anthony Woods | Dundalk St Gerard's | 2018 |
| | M50 | 40.85 | John Kierans | Dunleer | 2018 |
| | M55 | 18.06 | Christian Maas | Dundalk St Gerard's | 2022 |
| | M60 | 33.77 | Earl Taylor | Dunleer | 2007 |

M75 14.41 *Ernie Caffrey* *Ballina* 2013

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| Shot | U20 | 12.86 | Aoibhín McMahon | Blackrock | 2019 |
| | Senior | 11.39 | Geraldine Finegan | Dunleer | 2007 |
| | W35 | 9.05 | Emma Conway | Redeemer | 2022 |
| | W40 | 8.79 | Mary Scanlon | Blackrock | 2019 |
| | W45 | 9.20 | Geraldine Finegan | North East Runners | 2015 |
| | W50 | 11.51 | Geraldine Finegan | North East Runners | 2019 |
| | W55 | 6.71 | Deirdre McTeggart | Boyne | 2017 |
| | W60 | 5.45 | Jean Fitzpatrick | Drogheda & District | 2019 |

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| Javelin | U20 | 37.38 | Aoibhín McMahon | Blackrock | 2019 |
| | Senior | 40.31 | Olivia McDonald | St Peter's | 2015 |
| | W35 | 20.48 | Miranda Maguire | Dundealghan | 2019 |
| | W40 | 20.54 | Angela Kane | Drogheda & District | 2011 |
| | W45 | 29.65 | Geraldine Finegan | North East Runners | 2015 |
| | W50 | 32.31 | Geraldine Finegan | North East Runners | 2016 |
| | W55 | 14.34 | Deirdre McTeggart | Boyne | 2017 |