

Event	Age Grp	Perf	Athlete	Club	Year	Event	Age Grp	Perf	Athlete	Club	Year				
<b>MEN</b>						<b>WOMEN</b>									
<b>100m</b>	U20	<b>11.1</b>	<b>Ciaran Mackey</b>	<b>Tallaght</b>	<b>2009</b>	<b>100m</b>	U20	<b>12.81</b>	<b>Maria Smith</b>	<b>Dundalk St Gerard's</b>	<b>2016</b>				
		<b>11.2</b>	<b>Paul Adeniyi</b>	<b>Dunleer</b>	<b>2009</b>			<b>13.09</b>	<b>Emma Cheshire</b>	<b>Dunleer</b>	<b>2016</b>				
		<b>11.2</b>	<b>Paul Adeniyi</b>	<b>Dunleer</b>	<b>2010</b>	Senior	13.1	Geraldine Finegan	Dunleer	2007					
		<b>11.2</b>	<b>Shadam Azeez</b>	<b>Dundealgan</b>	<b>2015</b>										
	<b>11.1</b>	<b>Rory Kedney</b>	<b>Menapians</b>	<b>2009</b>											
	11.5	Samuel Fasan	Dundealgan	2015											
	11.5	Andrew Kelly	Drogheda & District	2018											
	M35	12.35	Jonathan McCabe	Boyne	2013						W35	13.6	Mary Scanlon	Blackrock	2015
	M40	11.8	Jonathan McCabe	Boyne	2015						W40	13.88	Mary Scanlon	Blackrock	2017
	M45	12.1	Mickey Linden	Dunleer	2009						W45	<b>14.24</b>	<b>Róisín Bell</b>	<b>Dunboyne</b>	<b>2017</b>
	M50	12.96	Padraig McCabe	Drogheda & District	2017						W45	14.1	Geraldine Finegan	North East Runners	2015
	M55	13.63	Frank Cruise	Drogheda & District	2017						W50	14.7	Geraldine Finegan	North East Runners	2018
	M60	<b>12.75</b>	<b>Shane Sheridan</b>	<b>Dundrum South Dublin</b>	<b>2019</b>	W55	14.9	Mary McDonnell	Drogheda & District	2015					
		14.13	Earl Taylor	Dunleer	2008	W60	18.72	Eileen Jordan	North East Runners	2017					
	M65	19.9	Christy Duffy	Drogheda & District	2018	W65	23.8	Margo Duffy	Drogheda & District	2018					
	<b>200m</b>	U20	<b>22.7</b>	<b>Paul Adeniyi</b>	<b>Dunleer</b>	<b>2009</b>	<b>200m</b>	U20	<b>26.61</b>	<b>Emma Cheshire</b>	<b>Dunleer</b>	<b>2016</b>			
		Senior	23.20	Andrew Kelly	Drogheda & District	2019		Senior	26.7	Amy McTeggart	Boyne	2021			
M35		25.95	Jonathan McCabe	Boyne	2014	W35		29.03	Mary Scanlon	Blackrock	2016				
M40		25.0	Malachy Campbell	Dunleer	2010	W40		28.8	Mary Scanlon	Blackrock	2018				
M45		25.3	Mickey Linden	Dunleer	2009	W45		<b>29.41</b>	<b>Róisín Bell</b>	<b>Dunboyne</b>	<b>2017</b>				
M50		26.1	Malachy Campbell	Dunleer	2018	W45		31.98	Grace Foley	Dunleer	2017				
M55		28.0	Frank Cruise	Drogheda & District	2018	W50		30.36	Geraldine Finegan	Dunleer	2019				
M60		<b>28.0</b>	<b>Tom Clinton</b>	<b>Navan</b>	<b>2009</b>	W55		<b>31.13</b>	<b>Tina Gallagher</b>	<b>OMG</b>	<b>2019</b>				
		30.1	Earl Taylor	Dunleer	2010	W55		31.74	Mary McDonnell	Drogheda & District	2016				
M65		<b>31.06</b>	<b>Tom Clinton</b>	<b>Navan</b>	<b>2017</b>	W60		40.43	Eileen Jordan	North East Runners	2017				
		37.1	Christy Duffy	Drogheda & District	2018	W65		49.0	Margo Duffy	Drogheda & District	2018				
M70		37.51	Gerry Carroll	Drogheda & District	2017										
M75		<b>34.02</b>	<b>Ernie Caffrey</b>	<b>Ballina</b>	<b>2013</b>										

<b>400m</b>	U20	53.81	Jamie Shields	Boyne	2013
	Senior	<b>51.58</b>	<b>Fintan Reilly</b>	<b>Dunleer</b>	<b>2013</b>
	M35	55.13	Kieran McGrath	Drogheda & District	2017
	M40	55.8	Tim Shiels	Omagh Harriers	2018
		56.65	Gerry O'Connor	Drogheda & District	2008
	M45	58.4	Gerry O'Connor	Drogheda & District	2010
	M50	1:00.4	Karl Carton	Drogheda & District	2021
	M55	1:00.8	Gerry O'Connor	Drogheda & District	2021
	M60	1:15.03	Mick Martin	Raheny Shamrock	2016
		1:35.80	Ian Pat Carroll	Dunleer	2019
M65	1:06.72	Matt Slattery	Clonliffe Harriers	2017	
	1:29.0	Christy Duffy	Drogheda & District	2018	
M70	1:33.33	Gerry Carroll	Drogheda & District	2017	

<b>800m</b>	U20	<b>1:58.3</b>	<b>Niall Culhane</b>	<b>Ace</b>	<b>2021</b>
	Senior	1:59.18	Fintan Reilly	Dunleer	2013
	M35	2:05.76	Paddy Kelly	Drogheda & District	2019
	M40	2:02.04	Mark O'Shea	Skerries	2013
		2:08.3	Niall Donnelly	Drogheda & District	2015
	M45	2:09.09	Shane Healy	Metro St Brigid's	2017
		2:15.0	Danny Skeffington	Drogheda & District	2009
	M50	2:20.05	Brian Lynch	North East Runners	2008
	M55	2:20.0	Brian Lynch	North East Runners	2009
	M60	2:41.41	Conor Cooney	Drogheda & District	2013
	M65	2:38.73	Barry Morris	City of Lisburn	2016
	3:05.37	Conor Cooney	Drogheda & District	2019	
M70	2:52.0	Jim McEvoy	Lourdes	2007	
M75	2:58.38	Jim McEvoy	Drogheda & District	2013	

<b>400m</b>	U20	1:02.01	Amy McTeggart	Boyne	2013
	Senior	<b>1:01.51</b>	<b>Orla O'Connor</b>	<b>Drogheda &amp; District</b>	<b>2017</b>
	W35	1:06.48	Marie Murphy	Raheny Shamrock	2014
		1:06.8	Róisín Coade	Drogheda & District	2018
	W40	1:08.90	Yasmin Canning	Drogheda & District	2014
	W45	1:10.36	Joanne McCauley	Newry	2019
		1:12.16	Laura Duffy	North East Runners	2017
	W50	1:08.24	Geraldine Finegan	North East Runners	2016
		1:08.1	Geraldine Finegan	North East Runners	2018
	W55	1:22.7	Mary Kinsella	Drogheda & District	2021
W60	1:27.13	Nuala Reilly	Drogheda & District	2017	
W65	2:04.62	Collette O'Hagan	North East Runners	2016	

<b>800m</b>	U20	2:25.5	Laura McConville	Dundalk St Gerard's	2021
	Senior	<b>2:21.5</b>	<b>Orla O'Connor</b>	<b>Drogheda &amp; District</b>	<b>2018</b>
	W35	2:32.30	Nicola Welsh	Dunleer	2017
	W40	2:23.7	Nicola Welsh	Dunleer	2018
	W45	2:51.0	Mary Watters	Navan	2009
		3:03.11	Jackie Matthews	Dunleer	2017
	W50	2:54.50	Joy McAleer	City of Lisburn	2016
		3:03.06	Anita Bolton	North East Runners	2016
	W55	3:08.86	Nuala Reilly	Drogheda & District	2014

<b>1500m</b>	U20	4:11.6	Conor Matthews	Dunleer	2018	<b>1500m</b>	U20	4:59.8	Shauna Kerley	Carrick Aces	2015
	Senior	3:59.96	Darragh Greene	Dunleer	2013		Senior	5:02.01	Abi Tegart	Drogheda & District	2019
	M35	4:24.85	Paul Smith	Drogheda & District	2010		W35	4:54.07	Mary Leech	Drogheda & District	2016
	M40	4:23.2	Niall Donnelly	Drogheda & District	2015		W35	4:49.54	Denise Toner	Clones	2016
	M45	4:24.59	Robert Maher	Drogheda & District	2010		W40	5:03.56	Nicola Welsh	Dunleer	2017
	M50	4:44.05	Brian Lynch	North East Runners	2008		W40	4:57.54	Mary Leech	Drogheda & District	2017
	M55	4:29.49	Brian Lynch	North East Runners	2013		W45	5:28.0	Mary O'Brien	Dunleer	2007
	M60	4:41.67	Brian Lynch	North East Runners	2016		W50	5:57.62	Anita Bolton	North East Runners	2016
	M65	4:59.16	Brian Lynch	North East Runners	2019		W55	5:54.03	Nuala Reilly	Drogheda & District	2012
M70	7:19.23	Gerry Carroll	Drogheda & District	2017	W60	6:03.51	Nuala Reilly	Drogheda & District	2017		
<b>3000m</b>	U20	9:07.9	Simon Ryan	Drogheda & District	2007	<b>3000m</b>	U20	10:27.2	Aoife Fay	Dunleer	2017
	Senior	8:39.83	Carl Dunne	Dunleer	2013		Senior	10:22.5	Áine Linden	Carrick Aces	2015
	M35	9:05.55	Brian McCluskey	North East Runners	2014		W35	11:20.64	Bernadette Muckian	North East Runners	2008
	M40	8:55.4	Brian McCluskey	North East Runners	2015		W35	10:35.21	Laura Mathews	North East Runners	2019
	M45	9:22.22	Maurice McMahon	North East Runners	2019		W40	10:24.35	Mary Leech	Drogheda & District	2019
	M50	10:23.1	George Shields	North East Runners	2018		W45	11:32.5	Yasmin Canning	Drogheda & District	2018
	M55	10:31.42	Patrick O'Grady	Drogheda & District	2019		W50	12:32.0	Nuala Reilly	Drogheda & District	2009
	M60	10:49.7	Michael Jordan	North East Runners	2015		W55	12:24.0	Nuala Reilly	Drogheda & District	2015
	M65	12:33.73	Conor Cooney	Drogheda & District	2019		W60	13:07.85	Nuala Reilly	Drogheda & District	2016
M70	14:52.5	Richard Duffy	North East Runners	2018							
<b>Long Jump</b>	U20	6.28	David Tobin	Trim	2009	<b>Long Jump</b>	U20	5.17	Emma Cheshire	Dunleer	2016
		6.27	Conor Durnin	St Peter's	2014		Senior	5.28	Amy McTeggart	Boyne	2021
	Senior	6.25	Dónal Kearns	Cushinstown	2019						
		6.04	Oliver Gormley	Dundealgan	2021						
	M35	5.37	Jonathan McCabe	Boyne	2014		W35	5.02	Erika Juozapaitė	Blackrock	2019
	M40	5.43	Trevor McGlynn	Omagh Harriers	2019		W40	5.20	Erika Juozapaitė	Blackrock	2021
		5.27	Jonathan McCabe	Boyne	2015						
	M45	5.21	Mickey Linden	Dunleer	2009		W45	4.49	Niamh McGuire	Rathkenny	2016
	M50	4.43	Brendan Rogers	St Peter's	2010		W45	4.12	Geraldine Finegan	North East Runners	2015
M55	4.38	Brendan Rogers	St Peter's	2015	W50	4.42	Geraldine Finegan	North East Runners	2019		
					W55	3.20	Pauline Breslin	Ardee & District	2018		
					W60	2.86	Eileen Jordan	North East Runners	2017		

<b>Shot</b>	U20	11.48	Daniel Finley	St Peter's	2014
	Senior	<b>12.18</b>	<b>Kaspars Raikstiņš</b>	<b>Boyne</b>	<b>2013</b>
	M35	9.98	Santis Kaugars	Dunleer	2017
	M40	9.92	Michael Gavin	Drogheda & District	2016
	M45	9.25	Thomas McGrane	St Peter's	2011
	M50	10.41	John Kierans	Dunleer	2018
	M55	9.71	Thomas McGrane	St Peter's	2018
	M60	9.15	Earl Taylor	Dunleer	2010
	M65	7.88	<i>Tom Clinton</i>	<i>Navan</i>	<i>2014</i>
	M75	7.06	<i>Ernie Caffrey</i>	<i>Ballina</i>	<i>2013</i>

<b>Javelin</b>	U20	47.73	Euan Canniffe	Boyne	2021
	Senior	<b>62.70</b>	<b>Rory Gunning</b>	<b>Clonliffe Harriers</b>	<b>2019</b>
		<b>50.79</b>	<b>Rory Kirwan</b>	<b>Dunleer</b>	<b>2011</b>
	M35	41.04	Santis Kaugars	Dunleer	2017
	M40	34.19	Anthony Woods	Dundalk St Gerard's	2015
	M45	34.79	Anthony Woods	Dundalk St Gerard's	2018
	M50	40.85	John Kierans	Dunleer	2018
	M60	33.77	Earl Taylor	Dunleer	2007
	M75	14.41	<i>Ernie Caffrey</i>	<i>Ballina</i>	<i>2013</i>

<b>Shot</b>	U20	<b>12.86</b>	<b>Aoibhín McMahon</b>	<b>Blackrock</b>	<b>2019</b>
	Senior	11.39	Geraldine Finegan	Dunleer	2007
	W35	8.86	Mary Scanlon	Blackrock	2015
	W40	8.79	Mary Scanlon	Blackrock	2019
	W45	9.20	Geraldine Finegan	North East Runners	2015
	W50	11.51	Geraldine Finegan	North East Runners	2019
	W55	6.71	Deirdre McTeggart	Boyne	2017
	W60	5.45	Jean Fitzpatrick	Drogheda & District	2019

<b>Javelin</b>	U20	37.38	Aoibhín McMahon	Blackrock	2019
	Senior	<b>40.31</b>	<b>Olivia McDonald</b>	<b>St Peter's</b>	<b>2015</b>
	W35	20.48	Miranda Maguire	Dundealgan	2019
	W40	20.54	Angela Kane	Drogheda & District	2011
	W45	29.65	Geraldine Finegan	North East Runners	2015
	W50	32.31	Geraldine Finegan	North East Runners	2016
	W55	14.34	Deirdre McTeggart	Boyne	2017