

Division 1 Men

110m Hurdles (wind: -1.3 m/s) - Pool A

Place	Num	Athlete	Club	Time	Place	Num
1	50	Mark Rogers	Athletics Louth	17.92	1	61
					2	58
					3	60

110m Hurdles (wind: m/s) - Pool B

Place	Num	Athlete	Club	Time
1	56	Mark McGarvey	City of Derry	16.46
2	54	Barry Quigg	Tir Chonaill	19.09

3000m Walk - Pool A

Place	Num	Athlete	Club	Time	Place	Num
1	51	Kevin English	Donore Harriers	21.09.08	1	59
					2	57
					3	58

3000m Walk - Pool B

Place	Num	Athlete	Club	Time
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400m Hurdles - Pool A

Place	Num	Athlete	Club	Time	Place	Num
1	50	Mark Rogers	Athletics Louth	59.60	1	58
2	51	Rolos Osola	Donore Harriers	66.92	2	59
3	49	Paul Gannon	Dunboyne	70.45	3	60

400m Hurdles - Pool B

Place	Num	Athlete	Club	Time
1	53	Kenneth Kiernan	Brothers Pearse	68.16
2	54	Jack Behan	Tir Chonaill	76.21

4X100m Relay - Pool A

Place	Num	Athlete	Club	Time	Place	Num
1	51		Donore Harriers	47.47	1	63
2	50		Athletics Louth	48.74	2	58
3	52		Olympian	48.92	3	59
4	49		Dunboyne	51.49	4	61
					5	60

4X100m Relay - Pool B

Place	Num	Athlete	Club	Time
1	56		City of Derry	45.55
2	54		Tir Chonaill	47.32
3	53		Brothers Pearse	48.31

1500m - Pool A

Place	Num	Athlete	Club	Time	Place	Num
1	51	Erik Keogh	Donore Harriers	4.02.33	1	61
2	49	Abdullah Abdulla	Dunboyne	4.23.31	2	57

3	50	Paddy Connolly	Athletics Louth	4.31.75	3	60
					4	10
					5	58

1500m - Pool B

Place	Num	Athlete	Club	Time
1	56	Conor Doherty	City of Derry	4.23.59
2	53	Conor O'Rourke	Brothers Pearse	4.30.48

400m - Pool A

Place	Num	Athlete	Club	Time	Place	Num
1	51	David Campbell	Donore Harriers	53.84	1	62
2	50	Shane Cheshire	Athletics Louth	55.75	2	63
3	49	Morgan McDonagh	Dunboyne	56.64	3	59
4	52	Patrick O'Donnell	Olympian	63.86	4	58
					5	60
					6	61

400m - Pool B

Place	Num	Athlete	Club	Time
1	53	Stephen Hanrahan	Brothers Pearse	54.31
2	54	Caolan O'Callaghan	Tir Chonaill	56.91
3	56	David McFaul	City of Derry	58.35

3000m S/C - Pool A

Place	Num	Athlete	Club	Time
1	49	Rory Kavanagh	Dunboyne	10.13.96
2	51	Kevin English	Donore Harriers	10.29.38
3	50	David Walsh	Athletics Louth	11.07.90

3000m S/C - Pool B

Place	Num	Athlete	Club	Time
1	54	Daniel Gallagher	Tir Chonaill	10.30.48

200m (wind: +0.9 m/s) - Pool A

Place	Num	Athlete	Club	Time	Place	Num
1	51	Conor O'Ceallaigh	Donore Harriers	23.56	1	59
2	50	Shane Cheshire	Athletics Louth	24.68	2	58
3	49	Caolann O'Flaherty	Dunboyne	24.99	3	57
4	52	Martin O'Donnell	Olympian	25.72	4	63
					5	61
					6	60

200m (wind: +0.9 m/s) - Pool B

Place	Num	Athlete	Club	Time
1	54	Jack Behan	Tir Chonaill	24.29
2	56	David McFaul	City of Derry	24.74
3	53	Aidan Brophy	Brothers Pearse	25.23

800m - Pool A

Place	Num	Athlete	Club	Time	Place	Num
1	51	Erik Keogh	Donore Harriers	1.59.87	1	61
2	49	Morgan McDonagh	Dunboyne	2.08.79	2	57
					3	63
					4	60
					5	58

800m - Pool B

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Place	Num	Athlete	Club	Time
1	56	Conor Doherty	City of Derry	2.12.52
2	53	Kevin Mongey	Brothers Pearse	2.13.40
3	54	Christopher Doherty	Tir Chonaill	2.16.07

5000m - Pool A

Place	Num	Athlete	Club	Time	Place	Num
1	51	John Travers	Donore Harriers	14.54.41	1	57
2	49	Luke Forde	Dunboyne	15.49.42	2	59
3	50	Patrick O'Grady	Athletics Louth	16.56.97		
4	52	Martin Dunlop	Olympian	17.50.74		

5000m - Pool B

Place	Num	Athlete	Club	Time
1	56	Noel Logan	City of Derry	16.02.68
2	53	Ieuan Hopkins	Brothers Pearse	18.24.60

100m (wind: +0.3 m/s) - Pool A

Place	Num	Athlete	Club	Time	Place	Num
1	50	Daniel Finley	Athletics Louth	11.96	1	58
2	51	Conor Fox	Donore Harriers	11.98	2	59
3	52	Martin O'Donnell	Olympian	12.30	3	57
4	49	Caolan O'Flaherty	Dunboyne	12.45	4	63

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100m (wind: +0.3 m/s) - Pool B

Place	Num	Athlete	Club	Time	Place	Num
1	56	Mark McGarvey	City of Derry	11.23	5	60
2	53	Kevin O'Brien	Brothers Pearse	12.22	6	61
3	54	Leon Doherty	Tir Chonaill	12.81		

4X400m - Pool A

Place	Num	Athlete	Club	Time	Place	Num
1	51		Donore Harriers	3.44.85	1	58
2	50		Athletics Louth	3.49.23	2	63
3	49		Dunboyne	4.01.77	3	61
					4	59
					5	60

4X400m - Pool B

Place	Num	Athlete	Club	Time
1	53		Brothers Pearse	3.50.42
2	54		Tir Chonaill	3.55.23

Hammer - Pool A

Place	Num	Athlete	Club	Distance	Place	Num
1	51	Eoin Molloy	Donore Harriers	38.06	1	58
2	52	Patrick O'Donnell	Olympian	22.64	2	61
3	50	Tom McGrane	Athletics Louth	19.38	3	63
					4	57

Hammer - Pool B

Place	Num	Athlete	Club	Time
1	56	Jim Herron	City of Derry	19.52

Pole Vault - Pool A

Place	Num	Athlete	Club	Height	Place	Num
1	49	Keith Doherty	Dunboyne	3.30		

Pole Vault - Pool B

Place	Num	Athlete	Club	Time
1	54	Christopher Doherty	Tir Chonaill	3.60
	53	Richard Whyte	Brothers Pearse	NH

Long Jump - Pool A

Place	Num	Athlete	Club	Distance	Place	Num
1	49	Keith Doherty	Dunboyne	6.16	1	58
2	51	Rolus Osola	Donore Harriers	5.37	2	60
3	52	Tony McGilloway	Olympian	5.07	3	59
4	50	Luke Callaghan	Athletics Louth	4.99	4	61
					5	63

Long Jump - Pool B

Place	Num	Athlete	Club	Distance
1	56	Mark McGarvey	City of Derry	5.69
2	54	Caolan O'Callaghan	Tir Chonaill	5.58
3	53	Aidan Brophy	Brothers Pearse	5.14

Shot Putt - Pool A

Place	Num	Athlete	Club	Distance	Place	Num
1	51	Niall Allen	Donore Harriers	10.46	1	58
2	50	Tom McGrane	Athletics Louth	9.33	2	61
3	52	Martin Dunlop	Olympian	7.05	3	59
					4	63
					5	57
					6	60

Shot Putt - Pool B

Place	Num	Athlete	Club	Time
1	54	Christopher Doherty	Tir Chonaill	7.58
2	56	Ryan McParland	City of Derry	7.36
3	53	Conor O'Rourke	Brothers Pearse	6.86

High Jump - Pool A

Place	Num	Athlete	Club	Height	Place	Num
1	50	Mark Rogers	Athletics Louth	1.50	1	61
2	49	Caolann O'Flaherty	Dunboyne	1.50	2	58
						60

High Jump - Pool B

Place	Num	Athlete	Club	Time
1	54	Barry Quigg	Tir Chonaill	1.75
2	56	Peter Fryer	City of Derry	1.65

Discus - Pool A

Place	Num	Athlete	Club	Distance	Place	Num
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1	52	Patrick O'Donnell	Olympian	21.08	1	58
2	50	Pat Cheshire	Athletics Louth	19.52	2	61
3	51	Eoin Molloy	Donore Harriers	16.17	3	63
					4	57
					5	60

Discus - Pool B

Place	Num	Athlete	Club	Time
1	56	Jim Herron	City of Derry	22.05
2	54	Barry Quigg	Tir Chonaill	14.84
3	53	Kenneth Kiernan	Brothers Pearse	14.13

Triple Jump - Pool A

Place	Num	Athlete	Club	Distance	Place	Num
1	51	Rolus Osala	Donore Harriers	11.95	1	57
2	50	Daniel Finley	Athletics Louth	10.37	2	58
					3	61
					4	63
					5	59
					6	60

Triple Jump - Pool B

Place	Num	Athlete	Club	Time
1	54	Conal Mahon	Tir Chonaill	12.16
2	53	Kevin O'Brien	Brothers Pearse	11.07

Javelin - Pool A

Place	Num	Athlete	Club	Distance	Place	Num
1	51	Jaco Oosthusyn	Donore Harriers	49.72	1	61
2	49	Denis Delaney	Dunboyne	43.64	2	58
3	50	Daniel Finley	Athletics Louth	39.03	3	63
4	52	Martin Dunlop	Olympian	28.55	4	59
					5	60

Javelin - Pool B

Place	Num	Athlete	Club	Time
1	53	Richard Whyte	Brothers Pearse	30.97
2	56	Ryan McParland	City of Derry	13.42
3	54	Daniel Gallagher	Tir Chonaill	13.19

56 lb Weight - Pool A

Place	Num	Athlete	Club	Distance
1	51	Niall Allen	Donore Harriers	5.70
2	49	Denis Delaney	Dunboyne	4.79
3	50	Pat Cheshire	Athletics Louth	3.79
4	52	Martin O'Donnell	Olympian	3.78

56 lb Weight - Pool B

Place	Num	Athlete	Club	Time
1	54	Paul O'Gara	Tir Chonaill	4.34
2	56	Peter Fryer	City of Derry	4.08

Division 1 Women

100m Hurdles (wind: -1.1 m/s)

Athlete	Club	Time
Laura Frey	Lagan Valley	16.77
Laura Henaghan	Meath Athletics	19.83
Emily Grennan	Tullamore Harriers	20.97

1500m Walk

Athlete	Club	Time
Orlaith Delahunty	Sligo Athletics	7.28.26
Anne Gormley	Donore Harriers	9.49.62
Jean Daly	Meath Athletics	12.09.67

400m Hurdles

Athlete	Club	Time
Ciara Henaghan	Meath Athletics	73.33
Rianne McHugh	Sligo Athletics	73.89
Ann Marie Molloy	Tullamore Harriers	79.03

4X100m Relay

Athlete	Club	Time
	Olympian	54.33
	Meath Athletics	54.94
	Sligo Athletics	55.82
	Lagan Valley	56.03
	Tullamore Harriers	58.11

1500m

Athlete	Club	Time
Lorna Fitzpatrick	Lagan Valley	4.54.36
Maura Kearns	Donore Harriers	4.59.65

Emily Grenann	Tullamore Harriers	5.19.02
Sorcha Fallon	Sligo Athletics	5.25.33
Bridget Clarke	Meath Athletics	5.28.38

400m

Athlete	Club	Time
Edel Kieran	Shercock	62.46
Olivia Webb	Olympian	67.10
Rianne McHugh	Sligo Athletics	67.24
Maggie Higgins	Meath Athletics	71.56
Nita McLoughlin	Tullamore Harriers	76.11
Lynsey Glover	Lagan Valley	90.24

200m (wind: +1.2 m/s)

Athlete	Club	Time
Stacey Kerr	Sligo Athletics	26.24
Aisling Watters	Meath Athletics	26.76
Laura Ngankam	Donore Harriers	27.48
Christine Logue	Olympian	28.12
Suzie Cave	Lagan Valley	29.76
Nadine Donegan	Tullamore Harriers	32.37

800m

Athlete	Club	Time
Lorna Fitzpatrick	Lagan Valley	2.28.86
Maura Kearns	Donore Harriers	2.31.86
Karen O'Donnell	Olympian	2.32.66
Cara Todd	Tullamore Harriers	2.36.16
Mary Watters	Meath Athletics	2.45.23

Laura Joyce	Sligo Athletics	2.56.62
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3000m

Athlete	Club	Time
Grace Kennedy	Donore Harriers	11.13.55
Oral Mulhall	Sligo Athletics	12.04.68

100m (wind: +0.8 m/s)

Athlete	Club	Time
Aisling Watters	Meath Athletics	12.81
Stacey Kerr	Sligo Athletics	12.93
Laura Ngankam	Donore Harriers	13.05
Christine Logue	Olympian	13.52
Olivia Cumming (G)	North Down	13.67
Ann Marie Molloy	Tullamore Harriers	13.77
Naomi Campbell	Lagan Valley	14.10

4X400m

Athlete	Club	Time
	Meath Athletics	4.34.1
	Olympian	4.34.8
	Lagan Valley	4.36.3
	Sligo Athletics	4.38.8
	Tullamore Harriers	4.46.2

Hammer

Athlete	Club	Distance
Kelly Brady	Meath Athletics	40.93
Lyndsey Glover	Lagan Valley	38.91
Bronagh Doherty	Olympian	23.22
Anne Gormley	Donore Harriers	16.03

Pole Vault

Athlete	Club	Height
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Long Jump

Athlete	Club	Distance
Karen Blaney	Meath Athletics	4.84
Ann Marie Molloy	Tullamore Harriers	4.42
	Sligo Athletics	4.14
Naomi Campbell	Lagan Valley	4.14
Olivia Webb	Olympian	3.79

Shot Putt

Athlete	Club	Distance
Kelly Brady	Meath Athletics	9.36
Suzie Cave	Lagan Valley	7.74
Rianne McHugh	Sligo Athletics	7.32
Karen O'Donnell	Olympian	7.27
Grace Kennedy	Donore Harriers	5.31
Nita McLoughlin	Tullamore Harriers	4.32

High Jump

Athlete	Club	Height
Laura Frey	Lagan Valley	1.45
Maggie Higgins	Meath Athletics	1.10
Emily Grennan	Tullamore Harriers	NH

Discus

Athlete	Club	Distance
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Jean Daly	Meath Athletics	21.35
Lynsey Glover	Lagan Valley	20.62
Bronagh Doherty	Olympian	17.63
Anne Gormley	Donore Harriers	13.13
Niamh O'Connor	Tullamore Harriers	11.85

Triple Jump

Athlete	Club	Distance
Linda Ngankam	Donore Harriers	10.58
Karen Blaney	Meath Athletics	9.17
Naomi Campbell	Lagan Valley	9.14
Sarah Hannah Ward	Olympian	8.94
Tara Leech	Sligo Athletics	8.87
Cara Todd	Tullamore Harriers	8.53

Javelin

Athlete	Club	Distance
Laura Frey	Lagan Valley	19.83
Siobhan Byrne	Meath Athletics	18.56
Sarah Hannah Ward	Olympian	12.30
Orla Mulvihill	Sligo Athletics	9.80
Niamh Milner	Tullamore Harriers	8.42